

Summer Olympic Sports for Young English Learners

Swimming

- Swimming is a sport in water
- Athletes race in a big pool
- They use different styles:
- Freestyle
- Backstroke
- Breaststroke
- Butterfly
- Swimmers try to be the fastest



Athletics (Track and Field)

- Athletics has many events
- Running:
 - Short races (100m, 200m),
 - Long races (marathon)
- Jumping: Long jump
- High jump
- Throwing:
 - Javelin
 - Discus



Gymnastics

- Gymnasts do amazing moves
- They use special equipment:
- Balance beam
- Rings
- Parallel bars
- Gymnasts need to be strong and flexible
- They get points for their performance



Team Sports

- Basketball:

Two teams try to score points

Players throw a ball through a hoop

- Football (Soccer):

Two teams kick a ball

Try to score goals

- Volleyball:

Teams hit a ball over a net

Don't let the ball touch the ground



Other Olympic Sports

- Skateboarding
- Surfing
- Sport Climbing
- These sports are fun and exciting!

