

## Dolphin Therapy for Persons with Special Needs

Dolphins have a special way of making people feel more positive about life. There are several organisations which help people with special needs by getting them to play with dolphins.

People with special needs often live routine lives in hospitals or day centres where they follow set programmes. Depending on their illnesses they get up at fixed times, eat at fixed times, do physical exercise at regular times throughout the day and go to bed at the same time. They lead very regular lives.

What are some of these people with special needs doing today? They're in Florida and they're playing with dolphins. A charity association has organised this day as a Christmas present for them. The children are having fun swimming with the dolphins. They are holding onto the dolphins and the



dolphins are pulling the children along. They are all enjoying every moment. These are people who don't always smile but who are smiling today.